

Path to Certification Success ABO and NCLE Study Materials

Attend an ABO or NCLE Review Course or ABO or NCLE Advanced Review Course and take the corresponding certification exam on the same weekend Sept 8-11, 2011.

Let us help you on your Path to Certification Success

Register early and start the process with a:

- List of recommended study materials
- Online review webinars

It is vital to begin studying for the ABO and NCLE Basic or Advanced exams well in advance of taking the test. The Review Courses offered on-site at the ABO-NCLE National Education Conference will go through content that should be studied prior to attending the course.

Study materials can be purchased through our education partners:

National Academy of Opticianry at nao.org

Opticians Association of America at oaa.org

Contact Lens Society of America at cls.info

Below is a list of study materials you might consider using to prepare for your test. In most cases these items can be ordered at a reduced price when you become a member of the organization you are purchasing from. Also, note that some items can be purchased as a set, at a reduced price.

ABO BASIC REVIEW COURSE

Consider your level of experience in the eye care field to determine which of the following study materials are best for you.

Beginner: ABO

Exam Preparation for Opticians (CDs) (#EPOABO) **Available at NAO**

Ophthalmic Dispensing Review Book (#ODR) **Available at NAO**

Primary Training for Professional Dispensers (DVD) (#PRIPKGDVD) **Available at NAO**

Intermediate: ABO

Certification Exam Review Tutorial (#C.E.R.T.) **Available at NAO**

Certification Review Book **Available at OAA**

Home Study Course for Spectacle Dispensers **Available at OAA**

Pure Optics (#P.O.) **Available at NAO**

TOPS: A Dispensing Manual (#TOPS) **Available at NAO, Available at OAA**

Progressed: ABO

Spectacle Exam Review Book (#EXAMREV) **Available at NAO**

Spectacle Math Review Book (#MATHRB) **Available at NAO**

ABO ADVANCED REVIEW COURSE

Advanced Opticians' Tutorial Book

Available at [NAO](#)

Supplemental Textbooks for the Preparation for the ABO Advanced Exam:

1. Clinical Procedures for Ocular Examination: Nancy Carlson & Daniel Kurtz

ISBN # 0071370781 Publisher: McGraw Hill

Available at [Amazon](#)

2. Optical Formulas Tutorial: Ellen Stoner

ISBN # 978-0-75-7504-8 Publisher: Elsevier

Available at [Amazon](#)

3. System For Ophthalmic Dispensing 3rd Edition: Clifford Brooks & Irvin Borish

ISBN # 13 978-0-7506-7480-5 Publisher: Elsevier

Available at [Elsevier](#)

4. Clinical Anatomy of the Visual System 2nd Edition: Lee Ann Remington

ISBN # 075-67-4903 Publisher: Elsevier

Available at [Elsevier](#)

5. Small Business Management 3rd Edition: Timothy Hatten

ISBN # 0-618-50-725-6 Publisher: Houghton Mifflin

Available at [Amazon](#)

NCLE BASIC REVIEW COURSE

Contact Lens Manual, Volume I

Available at [CLSA](#)

Available at [NAO](#)

Home Study Course for Contact Lens Dispensers

Available at [OAA](#)

Residents Contact Lens Curriculum Manual (#RCLCM)

Available at [NAO](#)

Test Review, Volume I

Available at [CLSA](#)

Available at [NAO](#)

CLSA University offers the following online courses appropriate for preparing for the Basic NCLE test. Access the following courses at [CLSA University](#) or through the [OAA](#).

University Level 0

- Basic Ocular Anatomy CU001
- Basic Optics CU002
- Fundamentals of Instrumentation CU004
- Nomenclature CU005
- Patient Instruction CU006

CLSA Level 1

- Basic Optical Principles and Proper Lens Selection CU101
- Basics of A typical Hydrogel Material and Toric Lens Design CUP 118
- Contact Lens Instruments to Verify and Evaluate GP Contact Lenses CUP120
- Contemporary Contact Lens Care Systems CUP112
- Contemporary GP Lens Care and Care Systems CUP113
- The Fairness to Contact Lens Consumers Act CUP111
- How to Prevent the Spread of Infection CUP106
- The Incredible Human Eye CUP104
- Interview and Pre-fit Considerations CU103
- Optics of Presbyopia CUP119
- Principles of Soft Lens Fitting CU104
- Relevant Ocular Anatomy and Physiology CU102
- Review of Hydrogel Contact Lens Care Products and Patient Instructions CUP121
- A Road Map to GP Contact Lenses CUP114
- SOAP CUP108
- Strategies for Improving Soft Contact Lens Comfort CUP115
- Strategies for Improving Soft Contact Lens Comfort CUP115
- Where Have All the RGP Wearers Gone? CUP107

NCLE ADVANCED REVIEW COURSE

Contact Lens Manual, Volume I

Available at [CLSA](#)

Available at [NAO](#)

Available at [OAA](#)

Contact Lens Manual, Volume II

Available at [CLSA](#)

Available at [OAA](#)

Test Review, Volume I

Available at [CLSA](#)

Available at [NAO](#)

Available at [OAA](#)

Test Review, Volume II

Available at [CLSA](#)

Available [OAA](#)

CLSA University offers the following online courses appropriate for preparing for the Basic NCLE test. Access the following courses at [CLSA University](#) or through the [OAA](#).

CLSA Level 1

- Review of Hydrogel Contact Lens Care Products and Patient Instructions CUP121
- A Road Map to GP Contact Lenses CUP114
- SOAP CUP108
- Strategies for Improving Soft Contact Lens Comfort CUP115
- These Are Not Your Father's RGPs CUP105
- Topography...Technology Untapped, History and Evolution of Topographical Measuring Devices CUP 117
- Understanding Aspherics CUP110
- Understanding Contact Lens Solutions CU105
- When a Contact Lens Wearer Needs Spectacles CUP103

- When Beauty Becomes the Beast CUP109
- Where Have All the RGP Wearers Gone? CUP107
- A World of Color: Tinted Soft Contact Lenses CUP102
- Basics of Atypical Hydrogel Material and Toric Lens Design CUP 118
- Contact Lens Instruments to Verify and Evaluate GP Contact Lenses CUP120
- Contemporary Contact Lens Care Systems CUP112
- Contemporary GP Lens Care and Care Systems CUP113
- The Fairness to Contact Lens Consumers Act CUP111
- HIV/AIDS, Infectious Disease and the Contact Lens Practitioner CUP122
- How to Prevent the Spread of Infection CUP106
- Interview and Pre-fit Considerations CU103
- Optics of Presbyopia CUP119
- Principles of Soft Lens Fitting CU104
- Relevant Ocular Anatomy and Physiology CU102
- Review of Hydrogel Contact Lens Care Products and Patient Instructions CUP121
- The Right Service at the Right Time CUP116

CLSA Level 2

- Analysis of Corneal Topography CU203
- Applications for Silicone Hydrogels CUP226
- A Brave New World CUP214
- Contact Lens Related Slit Lamp Use CU206
- Continuous Evolution: Today's Soft Contact Lenses CUP215
- The Evolution of Presbyopic Contact Lens Design CUP217
- The Fine Balance of RGP Lens Parameters CUP205
- Fitting Toric Contact Lenses: Insights From Practitioners, Educators and Manufacturers CUP229
- From a Grain of Sand CUP225
- GP Contact Lens Fitting Post Ocular Trauma CUP232
- GP Contact Lens Post Surgical Fitting Options for Aphakes CUP 234
- Incorporating Overnight Orthokeratology into the Contact Lens Practice CUP213
- Inspection and Modification CU202
- Irregular Corneas and High Dk Reverse Geometry Lenses CUP231
- Just Fit It: Sports, GP Lenses, and Corneal Reshaping CUP221
- Myopia Physiology, Progression, Control and GP Lens Alternatives: Past, Present and Future CUP 233
- A New Approach to Fitting Soft Contact Lenses CUP211
- A New Millennium for Extended Wear CUP207
- Ocular Physiology and GP Contact Lenses CUP218
- Patient Compliance—A Continuing Challenge CUP210
- Presbyopia and Monovision CU205
- Prosthetic Tinted Contact Lenses: You Can Do Magic! CUP219
- Realities of Presbyopia CUP209
- The Road to Presbyopic Contact Lens Success CUP208
- Scleral Lenses: Everything Old is New Again CUP223
- Signs and Signals of Keratoconus CUP212
- Silicone Hydrogels CUP230
- Soft Lens Practice Growth Through Patient Care CUP206
- Soft Toric Multifocals CU240
- Understanding Soft Lens Multifocals CUP227
- NCLE Advanced Test Review Course Module 1: Prefit, Preparation and Evaluation (2 cr. hrs.) CU230

National Opticians Conference

ABO/NCLE National
Education Conference

- NCLE Advanced Test Review Course Module 2: Determine Lens Type and Design Contact Lens Parameters (3 cr. hrs.) CU232
- NCLE Advanced Test Review Course Module 3: Patient/Customer Instruction and Delivery Procedures (1 credit hour) CU235
- NCLE Advanced Test Review Course Module 4: Follow-up Visits with Patient/Customer (2 credit hours) CU236
- NCLE Advanced Test Review Course Module 5: Practice Management (1 credit hour) CU239